

1. Visitor's Welcome song (Welcome song video)- When visitors come to Child of Hope we often sing this song to them to welcome them to our school.

Words: I am so excited, at the top of the mountain,
I feel joy in my heart, that's why I'm singing and dancing,
You are welcome, we love you,
You are welcome, we love you - visitors

Repeat as many times as you want!

2. Comparing your children's lives with our children's lives- (Our lives videos). There are 2 videos to choose from- 1 aimed at lower KS2 and one aimed at upper KS2. Watch the video appropriate to your class. What are the similarities/ differences between their lives and the children of COH? How would their lives be different if they lived in Namatala?

3. In Karamoja where one of our Nursery schools is, the children live in huts made from grass, cow dung and sticks. In this craft activity you build your own mini version. Resources- Sticks, straw, string, clay or mud.



Step 1: Build a frame for the roof using sticks and string



Step 2: Tie straw on to the wooden frame using string:



Step 3: Make the walls using wet mud or clay. Put the roof on top.



4. Language lesson (Primary language video)- In this lesson you learn how to count from 1-10 in Lumasaba which is the language of the Bagisu tribe (Primary language video).

Resources needed:

Flashcards with the numbers from 1-10 and the words for each number written in Lumasaba:

indwela (1); tsibili (2); tsitaru (3); tsine (4); tsirano (5); tsisesaba (6); musanvu (7); sinane (8); sienda (9); likhumi (10)

5. Primary craft activity- In this craft activity P3 use natural resources such as pebbles, leaves, flowers and seeds to create a collage:

Step 1: Create a drawing using pencil eg Hut; flower; animal.



Step 2: Use the natural resources and stick on line drawing to create a collage.

Step 3: Cover all the drawing with the natural resources



6. Make a chain- Our school motto is breaking every chain. Our children in P4 have thought about what chains Child of Hope are helping them to break. Can you make a chain that shows what chains your school is helping you to break or you could make a chain showing what chains need to be broken in the world so that all children have the full rights of the child.



7. Primary PE lesson- P1 demonstrate 3 different games that they play in PE.

Resources:

Bucket of water; sponges; plastic bottles; footballs; metre ruler; cones

Game 1: In this game you split the class into 2 teams. Each team has a sponge and a bucket of water is placed between the two teams. Team members take turns to put the sponge into water, run down the playground and fill the bottle with the water from the sponge. The first team to completely fill their bottle wins.



Game 2: In this game the class are in two teams. They take it in turns to control a football through cones using a metre stick (Primary Game 2 video)

Game 3: In this game the class are in four teams. They pass the football through the legs then the front person runs to the end of the playground and back (Primary Game 3 video).

8. Uganda drumming- In Uganda drums are often used in cultural celebrations. Here P5 demonstrate traditional drumming (African drumming lesson video)
Can your class try to have a go?

9. Local dance- Teacher Ruth demonstrates a traditional dance from the Acholi tribe. There are two videos- video 1 is an instructional video showing the different steps; video 2 is a demonstration of the dance (Dance instructions and Dance demonstration videos)